

WAC 110-302-0185 Menus, milk, and food. To ensure proper nutrition of children in care, ONB providers must comply with the child nutrition requirements described in this section.

(1) Meals, snack foods, and beverages provided to children in care must comply with the requirements contained in the most current edition of CACFP standards, or the *USDA National School Lunch and School Breakfast Program* standards.

(a) ONB providers must have dated menus.

(b) Food and beverage substitutions to a scheduled menu must be of equal nutritional value.

(c) ONB providers must only serve water, unflavored milk, 100 percent fruit, or vegetable juice.

(d) ONB providers must limit the consumption of 100 percent fruit juice to no more than four to six ounces per day for children between 30 months and six years old, and eight to 12 ounces per day for children seven through 12 years old.

(2) ONB providers must serve a fruit or vegetable during at least one snack per day. The fruit or vegetable serving may count as one of the two required snack components or be a third snack component.

[Statutory Authority: RCW 43.216.742. WSR 23-10-059, § 110-302-0185, filed 5/1/23, effective 6/1/23.]